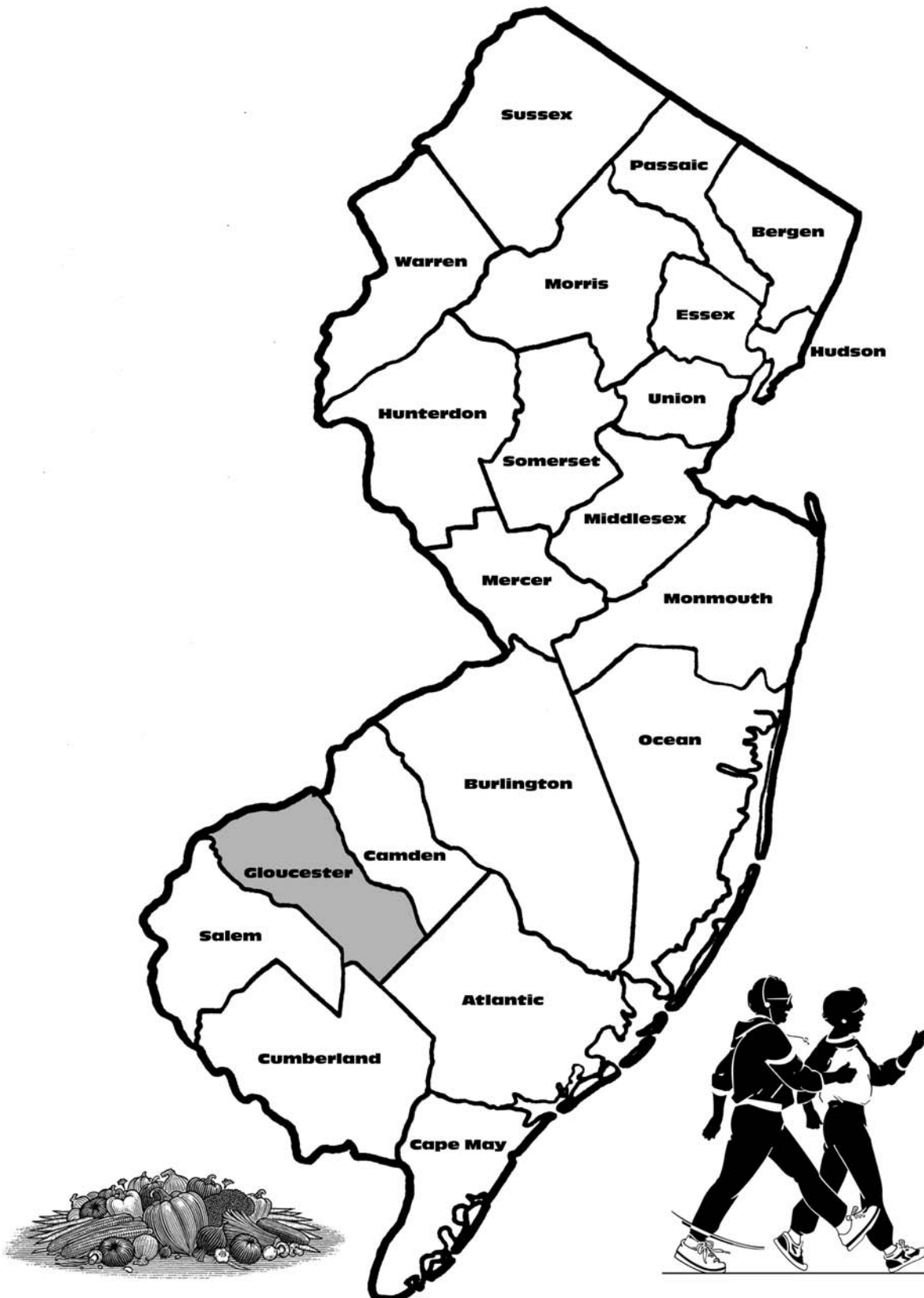











## Gloucester County













# **GLOUCESTER COUNTY Nutrition Programs**

<b>Program Name:</b>	<b>Congregate and Home Delivered Meals for Seniors</b>
<b>Agency/Institution:</b>	<b>Gloucester County Division of Senior Services</b>
<b>Address:</b>	<b>211 County House Road, Sewell, NJ 08080</b>
<b>County:</b>	<b>Gloucester</b>
<b>Phone:</b>	<b>856-232-4646</b>
<b>Website:</b>	<b>www.co.gloucester.nj.us</b>
<b>Focus:</b>	<b>To provide seniors with a daily nutritious meal</b>
<b>Services:</b>	   
<b>Population served:</b>	<b>Ages 60+</b>
<b>Funded by:</b>	<b>Own funding, state, federal, Title III voluntary client donations</b>
<b>Fees &amp; Charges:</b>	<b>None</b>

<b>Program Name:</b>	<b>Gloucester County/Glassboro Senior Center</b>
<b>Agency/Institution:</b>	<b>Gloucester County Division of Senior Services</b>
<b>Address:</b>	<b>211 County House Rd, Sewell, NJ 08080</b>
<b>County:</b>	<b>Gloucester</b>
<b>Phone:</b>	<b>856-232-4646</b>
<b>Focus:</b>	<b>To make sure seniors are eating a well-balanced meal</b>
<b>Services:</b>	    
<b>Population served:</b>	<b>Seniors</b>
<b>Funded by:</b>	<b>Own funding, state, federal</b>
<b>Fees &amp; Charges:</b>	<b>Yes</b>

# **GLOUCESTER COUNTY Nutrition Programs**

<b>Program Name:</b>	<b>Senior Nutrition Program</b>
<b>Agency/Institution:</b>	<b>Gloucester County Department of Health and Senior Services</b>
<b>Address:</b>	<b>160 Fries Mill Road, Turnersville, NJ 08012</b>
<b>County:</b>	<b>Gloucester</b>
<b>Phone:</b>	<b>856-262-4101</b>
<b>Website:</b>	<b>www.co.gloucester.nj.us</b>
<b>Focus:</b>	<b>Increase intake of nutrient dense foods</b>
<b>Services:</b>	    
<b>Population served:</b>	<b>Seniors</b>
<b>Funded by:</b>	<b>State</b>
<b>Fees &amp; Charges:</b>	<b>None</b>

<b>Agency/Institution:</b>	<b>Fam Care Inc.</b>
<b>Address:</b>	<b>711 N. Main Street, Glassboro, NJ 08028</b>
<b>County:</b>	<b>Gloucester</b>
<b>Phone:</b>	<b>856-881-9531</b>
<b>Focus:</b>	<b>Healthy eating</b>
<b>Services:</b>	  
<b>Population served:</b>	<b>All ages</b>
<b>Fees &amp; Charges:</b>	<b>None</b>






**Key:**  Education Materials  
  Workshops/Classes  
  Program Evaluation  
  Counseling  
 Equipment or Facilities for Fitness  
  Healthy Choices in Cafeteria/Vending Machine  
 Fruits and Veggies-More Matters® (new campaign replacing 5 A Day Program)

# **GLOUCESTER COUNTY Nutrition Programs**

<b>Program Names:</b>	<b>Lifesteps Weight Management, Community Wellness Lectures, Kids in Training – Weight Management for Children/Families, Nutrition Counseling, Nutrition Management for Diabetes, Nutrition Counseling for Cancer Patients</b>
<b>Agency/Institution:</b>	<b>Kennedy Health System</b>
<b>Address:</b>	<b>1099 White Horse Road, Voorhees, NJ 08043</b>
<b>County:</b>	<b>Gloucester</b>
<b>Phone:</b>	<b>1-800-KHS-9007</b>
<b>Website:</b>	<b><a href="http://www.kennedyhealth.org">www.kennedyhealth.org</a></b>
<b>Services:</b>	<b>We offer a variety of programs with a variety of services.</b>
<b>Population served:</b>	<b>Population served vary depending on program</b>
<b>Fees &amp; Charges:</b>	<b>Fees vary depending on program</b>






**Key:**
 Education Materials
  Workshops/Classes
  Program Evaluation
  Counseling  
 Equipment or Facilities for Fitness
  Healthy Choices in Cafeteria/Vending Machine  
 Fruits and Veggies-More Matters® (new campaign replacing 5 A Day Program)






# GLOUCESTER COUNTY Physical Activity Programs

<b>Program Name:</b>	<b>Senior Health Connection, RSVP Wellness Program, Glassboro Parks &amp; Recreation Aid to Municipal Centers</b>
<b>Agency/Institution:</b>	<b>Gloucester County Division of Senior Services</b>
<b>Address:</b>	<b>211 County House Road, Sewell, NJ 08080</b>
<b>County:</b>	<b>Gloucester</b>
<b>Phone:</b>	<b>856-232-4646</b>
<b>Website:</b>	<b>www.co.gloucester.nj.us</b>
<b>Focus:</b>	<b>To promote and maintain healthful aging among the senior population of Gloucester County</b>
<b>Services:</b>	    
<b>Population served:</b>	<b>Ages 60+</b>
<b>Funded by:</b>	<b>Own funding, grants, state, federal</b>
<b>Fees &amp; Charges:</b>	<b>None</b>
<b>Other information:</b>	<b>Program provides information for cancer patients/survivors</b>

**Key:**  Education Materials  Workshops/Classes  Program Evaluation  Counseling  
 Equipment or Facilities for Fitness  Healthy Choices in Cafeteria/Vending Machine  
 Fruits and Veggies-More Matters® (new campaign replacing 5 A Day Program)



# **GLOUCESTER COUNTY Physical Activity Programs**

<b>Program Name:</b>	<b>Arthritis Exercise Program, Step by Step Walking for Seniors, Families on the Move</b>
<b>Agency/Institution:</b>	<b>Gloucester County Department of Health and Senior Services</b>
<b>Address:</b>	<b>160 Fries Mill Road, Turnersville, NJ 08012</b>
<b>County:</b>	<b>Gloucester</b>
<b>Phone:</b>	<b>856-262-4101</b>
<b>Website:</b>	<b>www.co.gloucester.nj.us</b>
<b>Focus:</b>	<b>Promote an active lifestyle</b>
<b>Services:</b>	    
<b>Population served:</b>	<b>All ages</b>
<b>Funded by:</b>	<b>Own funding, state, grants</b>
<b>Fees &amp; Charges:</b>	<b>None</b>
<b>Other information:</b>	<b>Health fairs, worksite wellness programs and the Annual Gloucester County Women's Health Summit (health fair, health education workshops, screenings) Program provides specific cancer prevention focus and information for cancer patients/survivors</b>

<b>Program Name:</b>	<b>Chair aerobics, walking trail, healthy bones</b>
<b>Agency/Institution:</b>	<b>Gloucester County Nutrition Program</b>
<b>Address:</b>	<b>211 County House Rd, Sewell, NJ 08080</b>
<b>County:</b>	<b>Gloucester</b>
<b>Phone:</b>	<b>856-232-4646</b>
<b>Focus:</b>	<b>Socialization, active lifestyle, balanced meals</b>
<b>Services:</b>	    
<b>Population served:</b>	<b>Seniors</b>
<b>Funded by:</b>	<b>State, federal, grants</b>
<b>Fees &amp; Charges:</b>	<b>None</b>

**Key:**  Education Materials  
  Workshops/Classes  
  Program Evaluation  
  Counseling  
 Equipment or Facilities for Fitness  
  Healthy Choices in Cafeteria/Vending Machine  
 Fruits and Veggies-More Matters® (new campaign replacing 5 A Day Program)

# GLOUCESTER COUNTY Physical Activity Programs

<b>Program Names:</b>	<b>Gentle Yoga for Adults 60+, Yoga for Cancer Patients</b>
<b>Agency/Institution:</b>	<b>Kennedy Health System</b>
<b>Address:</b>	<b>1099 White Horse Road, Voorhees, NJ 08043</b>
<b>County:</b>	<b>Gloucester</b>
<b>Phone:</b>	<b>1-800-KHS-9007</b>
<b>Website:</b>	<b>www.kennedyhealth.org</b>
<b>Services:</b>	 
<b>Population served:</b>	<b>Population served vary depending on program</b>
<b>Fees &amp; Charges:</b>	<b>Fees vary depending on program</b>

**Key:**  Education Materials    Workshops/Classes    Program Evaluation    Counseling  
 Equipment or Facilities for Fitness    Healthy Choices in Cafeteria/Vending Machine  
 Fruits and Veggies-More Matters® (new campaign replacing 5 A Day Program)